

Mood Ring Color Chart for Kids

Colour your mood! Match your ring to a colour below.

Dark Blue	Happy & relaxed
Blue	Calm
Blue-Green	Somewhat relaxed
Green	Neutral / average
Yellow	Unsettled / imaginative
Amber	Mixed emotions
Orange	Stressed / unsettled
Red	Excited or stressed
Pink	Affectionate & curious
Purple	Passionate & playful
Brown	Restless / anticipatory
Grey / White	Anxious
Black	Tense or cold